



## PE & School Sport

### INTENT:

At St. Pius Xth Primary school, we aim to develop the knowledge, fundamental movement skills and capabilities necessary for mental, emotional and physical wellbeing in our children now and for their future. Physical fitness is an important part of leading a healthier lifestyle. Children are active throughout each PE lesson and can differentiate an activity to add challenge or to simplify, using S.T.E.P. (Space, Task, Equipment, People) Children are taught life skills that will positively impact on their future. We deliver high quality teaching and learning opportunities that inspire all children to succeed in physical activities. Staff and coaches, plan and assess effectively to ensure progress for all children. Learning is differentiated to support the needs of every child. Swimming and water safety are taught in Year 3, 4, 5 and 6. Sports Premium Funding is spent effectively to develop a lasting legacy for PE & School Sport. Children will learn how to cooperate and work with others as part of a team, understand fairness and equity of play to embed life-long values.

### IMPLEMENTATION:

Pupils take part in weekly high-quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. Staff receive regular PE CPD opportunities and liaise with coaches weekly. Children are assessed in Fundamental Movement at the start and at the end of each topic. We provide opportunities for all children to engage in extra-curricular clubs after school, in addition to competitive events and whole class festivals. This is an inclusive approach which endeavours to encourage not only physical development but also well-being. Sports Premium Funding is used to increase physical competency of staff and children and also provides resources and high quality equipment.

Children are provided with their full entitlement to Physical Education. Regular action plans, governor reports and pupil voice continue to drive and enhance Physical Education.

### IMPACT:

Our PE curriculum improves the wellbeing and fitness of all children at St. Pius Xth, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. Progress is recorded through assessments and data analysis. Verbal feedback is given in all lessons to ensure children know how to improve skills and knowledge. Children understand the impact of Physical activity on their own body.

Children develop a wider range of subject specific vocabulary.

Staff record the measurable impact of swimming and there is evidence of increased competitive success at sporting competitions.